

HOLIDAY RUSH

BOOTCAMP AT



Start the Holiday Season off strong! Kick start your fitness goals by working with our Personal Trainers in a challenging, group setting. Increase your strength and push yourself through this intense training plan.



BOOTCAMP PRICING:

\$60 Members
\$100 Non-Members

Non-Refundable Fee covers the entire bootcamp. Max participants per class: 14.

10 DAYS OF TRAINING
5X PER WEEK
30-MINUTE WORKOUTS

December 4-15 | Weekdays | 6AM & 6:30PM

Payment is required at time of sign up. Sign up online or at the Front Desk.